

IOA President Theme:
"Strong Bone Stronger Nation"



TNOA President Theme:
"Imbibe Technology - Inspire Youngsters"

TNOA PROF.T.K.SHANMUGASUNDARAM MID-YEAR CME 2023

Venue : Lions Convention Centre, Yercaud

**"RECENT ADVANCES & TECHNIQUES IN
ORTHOPAEDICS"**

Yercaud

**JULY
21st - 23rd
2023**



Registration Opens
1st June

**TNOA
FAMILY MEET
21st July**

Venue
**VUE Grande,
Yercaud**

✉ tkscmeyercaud2023@gmail.com

🌐 www.midwestorthosociety.com

Organised by : **MID WEST ORTHO SOCIETY**



TNOA PROF.T.K.SHANMUGASUNDARAM

MID-YEAR CME 2023

Venue : Lions Convention Centre, Yercaud

Dear Member,

Greetings from TNOA

I take immense pleasure in inviting you all for the TNOA Prof TKS mid year CME 2023 to be held at Yercaud.

The theme of the CME is **'Recent advances & Techniques in Orthopaedics'**

Dr Manimaran and his team are taking all efforts to make this a memorable event.

It is the best time to visit Yercaud and enjoy the salubrious weather



This year for the first time we are going to have a **TNOA Family meet**, being the brain child of Midwest Ortho society. Though in any Orthopaedic conference the family is also given importance and events are organised, the spouse alone will be with the children. So it will be an exclusive day to spend with the family and interacting with others.

TNOA has got an extraordinary pool of musical talent apart from Orthopaedics which has not been exposed for want of a platform to bring out their skills. TNOA is going to provide a stage with the launch of **'TNOA Music Band'** in Yercaud where all the musical talents of our members and their dear ones can be brought out

I request all the TNOA members to come to Yercaud, soak in the academic feast, enjoy the hospitality and spend quality time with the family

Dr V Singaravadelu

President, TNOA

Long live TNOA

அன்பிற்கினிய **TNOA** அங்கத்தினர்களுக்கு என் பணிவான வணக்கங்கள், வாழ்த்துக்கள்.



TNOA பேரா.TKS நடுவாண்டு தொடர் மருத்துவக்கல்வி நிகழ்வு இம்முறை ஜூலை 22, 23 -ஆம் தேதி

MIDWEST ORTHO SOCIETY -யினரால் ஏற்காட்டில் நடத்தப்பட உள்ளது. இதன் மையக்கரு **"RECENT ADVANCES & TECHNIQUES IN ORTHOPAEDICS"** இம்முறை விளையாட்டு நிகழ்வுகளும், குடும்ப உறுப்பினர்களின் சங்கமமும் புதிதாக இடம்பெற உள்ளது. நம் TNOA நிகழ்வுகளில் பெரும்பங்காற்றும் MIDWEST ORTHO SOCIETY -யினரால் நடத்தப்படும் இந்த நிகழ்வு மாபெரும் வெற்றித்திருவிழாவாக அமையும் என்பதில் ஐயமில்லை. இதில் நாம் அனைவரும் பெருந்திரளாக கலந்து பயன்பெறுமாறு பணிவன்புடன் கேட்டுக்கொள்கிறேன்.

வாழ்க TNOA !!!

வளர்க TNOA!!!

அன்புடன்,

சி.செ.இரவி ,செயலர்.TNOA.

Dear Colleagues,

Vanakkam from **Midwest Ortho Society, Salem,**

Its with immense pride and pleasure we invite you all to the Prestigious TNOA Prof TKS Midyear CME 2023 at yercaud on 22&23 rd July. Theme of CME is **"RECENT ADVANCES & TECHNIQUES IN ORTHOPAEDICS"** In this meeting we will cover the recent advances, newer concepts, newer techniques & Innovations in Trauma, Arthroplasty, Spine & Arthroscopy.

We are also proud to host the first TNOA -family meet on 21st July at Yercaud, We are confident this meeting will provide the best of academics & also provide the opportunity of socializing with friends & TNOA family members.

We welcome you all with folded hands to attend both the events in large numbers & experience our hospitality.

Looking forward to meet you all in Yercaud.

Regards,

Organizing Committee



TNOA PROF.T.K.SHANMUGASUNDARAM MID-YEAR CME 2023

Venue : Lions Convention Centre, Yercaud

Program Schedule

Day - 1 (21.07.23) Venue : VUE Grande, Yercaud

5.00 pm - 8.00 pm	TNOA Family Meet - Cultural Programme
8.00 pm - 8.30pm	Felicitation & Awards
8.30 pm - 10.30pm	Gala Dinner

Day - 2 (22.07.23) Venue : Lions Convention Centre

6.00 am - 10.00 am	Sports Meet
11.30am	Registration
12.00 pm - 1.30 pm	Paper & Poster Presentation
1.30pm - 2.00pm	Lunch
2.00pm - 6.00pm	Scientific Sessions
8.00pm - 10.00pm	Banquet (Venue : VUE Grande, Yercaud)

Day - 3 (23.07.23) Venue : Lions Convention Centre

6.00 am - 8.00 am	Yercaud - Ultra Hill Marathon
9.00am - 10.30am	Scientific Sessions
10.30 am - 10.45 am	CME Inauguration
10.45am - 11.30am	TNOA Dr.Natesan Oration
11.30am - 1.30pm	Scientific Sessions
1.30pm	Lunch



12.pm - 1.30pm	Paper & Poster Presentation
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Hall A - Trauma -Current Concepts & Newer Techniques 22nd July - Saturday

Session - 1	Topic	Speaker
2.00pm - 2.10pm	How to avoid failures in Trochanteric fracture fixation	Dr. Manikandan, Tirunelveli
2.10pm - 2.20pm	How I do it	Dr. Amit, Chennai
2.20pm - 2.30pm	Recent trends in young fracture neck of femur fixation	Dr. Thirunarayanan, Chennai
2.30pm - 2.40pm	How I do it	Dr. Jaikish, Trichy
2.40pm - 2.50pm	Distal femoral medial Augmentation	Dr. Thirumalaisamy, Coimbatore
2.50pm - 3.00pm	How I do it	Dr. Sivakumar, Madurai
3.00pm - 3.10pm	Posterolateral column fixation for proximal tibia - recent concepts	Dr. Ashok Gavaskar, Chennai
3.10pm - 3.20pm	How I do it	Dr. RT Parthasarathy, Salem
3.20pm - 3.30pm	Discussion	

Session - 2	Topic	Speaker
3.30pm - 3.40pm	Concept in Osteoporotic longbone fracture fixation	Dr. Selvakumar, Salem
3.40pm - 3.50pm	How I do it	Dr. Jawahar, Salem
3.50pm - 4.00pm	Management of infected implant -- current concepts	Dr. Satheesh Devadoss, Madurai
4.00pm - 4.10pm	How I do it	Dr. Natarajan, Cuddalore
4.10pm - 4.30pm	How i manage complex trauma	Dr. Mohandoss, Nagercoil Dr.Manivannun, Vellore Dr. S Kumar, Dharmapuri

Session - 3	Industry Sponsored session - Depuy Synthes	
5.00pm - 6.00pm	Hands on Workshop FNS Demonstration of Suprapatellar Nailing	Dr. Amit, Chennai



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**TNOA
FAMILY MEET
21st July**

12.pm - 1.30pm Paper & Poster Presentation

Hall B - Arthroscopy-Anterior cruciate Ligament Reconstruction-Current concepts **22nd July - Saturday**

SESSION - 1	Topic	Speaker
1.30pm - 2.30pm	Relive Session	
	ACLR- Hamstrings/Peroneus	Dr. Geethan, Trichy
	ACLR Btp	Dr. Suresh Perumal, Salem
	ACLR Quadriceps	Dr. Prakash Ayyandurai, Chennai
	ACLR All Inside	Dr. Subair Khan, Chennai
	Technical complications in ACL surgeries	Dr.Karthik Selvaraj, Coimbatore
2.30pm - 3.30pm	ACL Concomitant Injuries	
	ACL Hidden Lesions	Dr. Bhupesh Karthik, Housr
	ACL BHMT	Dr.Prahalad Kumar Singhi, Madurai
	ACL with Mcl Tears	Dr.Ramakanth.R, Coimbatore
	ACL with cartilage injuries	Dr.Santosh Shanand, Coimbatore
	ACL Avulsion Fixation- Then and Now	Dr.Leonard Ponraj, Chennai

Hall B - Arthroplasty **22nd July - Saturday** **SESSION - 2**

3.30pm - 4.35pm	Primary hip replacement	
	Pre operative optimisation for Joint Replacement Surgery	Dr Soundara Rajan, Coimbatore
	Doing a white out Cemented- THR	Dr. Muthuvel rajan, Madurai
	Perfection in Uncemented- THR	Dr. Jayakumar, Coimbatore
	Video Demonstration - Direct Anterior Approach	Dr. VJ Senthil, Trichy
	Spino-pelvic Relationship in THR	Dr. Anil oomen, Vellore
15 min	Panael discussion - current concepts in primary THR	Dr Arun kannan, Chennai
4.35pm - 5.15pm	Complex Primary THR	
	Whats Simple/ Complex hip	Dr. Mithun Manoharan, Chennai
	THR in Complex Acetabulum	Dr.R.H .Govardhan, Chennai
	THR in valgus/varus HIPS	Dr.Velmurugan, Chennai
	Conversion THR	Dr. Sugavanam, Salem
5.15pm - 5.35pm	Managing Complications	
	Periprosthetic Fracture	Dr. SS Mohanthy, Mumbai
	Simple Solutions for Complex Revisions	Dr. Prakash, Chennai
5.35pm - 6.30pm	Hands on Workshop -Industry Sponsored Session - plus Orthopaedics	
	Naviswiss Hip Navigation - Video Demonstration	Dr. Kalaivanan, Chennai



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**TNOA
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21st July**

12.pm - 1.30pm Paper & Poster Presentation

Hall C - Spine -Newer Advances & Techniques **22nd July - Saturday**

Time	Topic	Speaker
2.00pm - 2.15pm	Spine surgery - Where it was and where it is heading?	Dr. Nalli yuvraj, Chennai
2.15pm - 2.30pm	Navigation and robotics in spine surgery	Dr.Rishi Mukesh Khanna, Coimbatore
2.30pm - 2.45pm	Neuromonitoring	Dr. Thomas Kishan, Bengaluru
2.45pm - 3.00pm	Spine burr and ultrasonic bone scalpel	Dr. Prince, Pondicherry
3.00pm - 6.00pm	Industry Sponsored session - *Innovations in spine - Boot camp*	

3 modules

30 members - 3 groups of 10 each

-1 hr in each station

Hall A - Trauma ***23rd July - Sunday**

Session -1	Topic	Speaker
9.00am - 9.10am	Acetabulum - Quadrilateral plate fixation	Dr Ramasamy, Trichy
9.10am - 9.20am	How I do it	Dr Singaravadivel, Chennai
9.20am - 9.30am	Recent trends in supracondylar humerus fracture fixation in children	Dr Sureshbabu, Chennai
9.30am - 9.40am	How I do it	Dr Manoharan, Vellore
9.40am - 9.50am	Bridge plating for Humerus shaft # fixation	Dr Thaanappan, Madurai
9.50am - 10.00am	How I do it	Dr Manimaran, Salem
10.00am - 10.20am	Current concept in Elbow dislocation with radial head & How I do it	Dr Dheenadhayalan, Coimbatore
10.30am - 10.45am	TNOA Prof.TKS Mid Year CME Inauguration	
10.45am - 11.30am	TNOA Dr.Natesan Oration	
		Dr D Samson Daniel
Session -2	Topic	Speaker
11.45am - 11.55am	Management of diaphyseal non union	Dr Selvaraj, Chennai
11.55am - 12.05pm	How I managed	Dr Mugundhan, Coimbatore
12.05pm - 12.15pm	Current concepts of polytrauma management	Dr Meenakshisundaram, Salem
12.15pm - 12.25pm	How I managed	Dr Devendhira, Coimbatore



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Hall B - Arthroscopy *Sunday 23rd July*

Time	Topic	Speaker
9.00am - 10.00am	Complex Situations	
	Extraarticular Tenodesis Acl Infections Reccurent Instability Slope Corrections	Dr. Clement Joseph, Chennai Dr.K.N. Subramaniam, Madurai Dr.S.R.Sundarajan, Coimbatore Dr. Ashok, Chennai
11.45am - 1.00pm	ACL Hands on Workshop -Industry Sponsored Session - Biotek	
	Femur And Tibial Tunnels- Arthroscopic Anatomy Sawbone Model	Dr. Aravind, Salem Dr. Narendran, Salem Dr. Shreeram, Salem Dr. Sivakumar, Namakkal

Hall C - ARTHROPLASTY 23rd July - Sunday

Session -1	Topic	Speaker
9.00am - 9.30am	KNEE JOINT PRESERVATION SURGERY	
	Principles of Osteotomy High Tibial Osteotomy Distal femoral Osteotomy	Dr. Ravikumar, Salem Dr. Vinodh, Coimbatore Dr.Kumar, Chennai
Session -2	Topic	Speaker
9.30am - 9.40am	Recent advances in TKR	Dr.R.G.Praveen, Chennai
9.40am - 9.55am	Robotic UKA is better than Conventional UKA	Dr .Mukesh Mohan, Trichy
9.55am - 10.10am	Robotic TKR is ideal in complex primary	Dr. Dhanashekar Raja, Coimbatore
10.10am - 10.30am	Diagnosis and management of infection in arthroplasty	Dr. Mohanthy, Mumbai
Session -3	Topic	Speaker
11.45am - 12.30pm	CONTROVERSIES IN TKR	
	PS always VS Deep dish is enough Mechanical alignment always VS change is constant (KA, RKA, FA) Why are our patients unhappy	Dr. Rex vs Dr.G.Mohan Dr.Jayaprakash vs Dr.Leo Joseph Dr. Mohanasundaram, Salem
12.30pm - 1.30pm	Industry Sponsored session - Depuy Synthes	
	HTO Workshop	Dr. Ravikumar & Dr.Kumar

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Yercaud**JULY**
21st - 23rd
2023**TNOA**
FAMILY MEET
21st JulyVenue : VUE Grande,
Yercaud

PROF TKS CME - REGISTRATION FORM

Full Name (Inblock letters).....

Post Graduate ☐ Consultant ☐

TNOA / LM-No:DOB: Age :

MCI Reg.No :

Institution : Designation :

Address :

City : State : Pin : Country :

Phone / Mobile : ☐ Veg ☐ Non-Veg

E-mail :

Sports: ☐ Cricket ☐ MarathonT-Shirt Size : M ☐ L ☐ XL ☐ XXL ☐ XXXL ☐

ACCOMPANYING PERSON DETAILS

Spouse Name : Age: ☐ Veg ☐ Non-VegAccompanying Person 1. : Age: ☐ Veg ☐ Non-VegAccompanying Person 2.. : Age: ☐ Veg ☐ Non-VegNeed for Accommodation: ☐ YES ☐ NO (if YES Hotel Name)

REGISTRATION TARIFF

Category (Consultant)	Registration Fees	Spot
Prof TKS CME	Rs. 3,500/-	Rs.4,000/-
TNOA -Family meet	Rs. 1,000/-	Rs.1,500/-
Incidental Charges	Rs.250/-	Rs.250/-

REGISTRATION TARIFF

Category (Postgraduate)	Registration Fees	Spot
Prof TKS CME	Rs. 2,750/-	Rs.3,500/-
TNOA -Family meet	Rs. 1,000/-	Rs.1,500/-
Incidental Charges	Rs.250/-	Rs.250/-

Last Date of Registration - 30th JUNE 2023

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Yercaud

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21st JulyVenue : VUE Grande,
Yercaud

NON RESIDENTIAL PACKAGE

Consultant

CME & TNOA Family meet ₹4,750

TNOA Prof.TKS CME ₹3,750

Postgraduate

CME & TNOA Family meet ₹4,000

TNOA Prof.TKS CME ₹3,000

RESIDENTIAL PACKAGE

Hotel Name	Single Occupancy	Double Occupancy	Triple Occupancy	Family Room
Anglo French Resorts	₹13,750	₹14,750	₹16,750	-
Kolaahalam Mainland Resorts	₹14,750	₹15,750	-	-
Grand Signature	₹14,750	₹15,750	-	₹19,750
La Four Seasons Resorts	₹18,750	₹19,750	₹22,750	-
Shambala Resorts	₹22,750	₹23,750	₹27,750	-
Grand Palace Hotel	₹21,750	₹22,750	-	-
GRT Great Trails	₹33,750	₹34,750	-	-
PG Accommodation (Lions Convention Centre)	₹7,750			

2 Nights & 3 Days Residential package Includes:

1. CME registration Fees & Tnoa family meet.
2. Accommodation charges, Breakfast & Lunch on 22nd and 23rd July.
3. Tnoa Family Night Gala Dinner on 21st July & Conference Dinner on 22nd July.
4. Accommodation will be allotted on first come first serve basis.
5. Check in time : 2pm (Friday 21st July) - check out time : 12pm (Sunday 23rd July)
6. Above charges include GST.

* Children above 12 years, extra bed charges applicable (to be paid at Hotel)

Payment by IMPS / NEFT Bank Details

Bank Name : Axis Bank Ltd
 Branch : Salem Main
 City : Salem
 Account Name : MID WEST ORTHO SOCIETY,
 SALEM - CME
 Account Number : 923020026011879
 IFSC : UTIB0000170

Payment Details

Transaction ID :
 D.D No :
 Bank Name :



Scan and Pay

For registration & accomodation

Dr. Premnath - 98947 31617
 Dr. Rajkumar - 98949 21706
 Dr. Sivakumar - 96885 99999

Address for Correspondence

Dr. J. Manimaran
 Kurinji Super Specialities Hospital Pvt Ltd.,
 Dr. Teejay Salai, Salem - 636 016
 Email : tkscme2023yercaud@gmail.com
 Website : www.midwestorthosociety.com
 Phone: 94432 44774

Last Date of Registration - 15th JULY 2023

TNOA PROF.T.K.SHANMUGASUNDARAM

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**TNOA
FAMILY MEET
21st July**

Yercaud

**JULY
21st - 23rd
2023**

ORGANISING COMMITTEE

Patrons

Dr.T.Jayaraman
Dr.K.Prakasam
Dr.Krishnamoorthy
Dr.A.E.Manoharan
Dr.C.Sugavanam

Registration & Accommodation

Dr.Rajkumar
Dr.Manohar
Dr.M.Sivakumar

Scientific Committee

Dr.R.T. Parthasarathy
Dr.C.S. Vishnuprasath
Dr.Vignesh Karthick
Dr.Narendran
Dr.Aravind Arunachalam
Dr.Sivaraj
Dr.Hari Sivanandam
Dr.Senthilrajan Angamuthu

TNOA Cultural Meet

Dr.Raja Ravi Verma
Mrs. Divya Sitara

Food & Entertainment

Dr.Mayilvahanan
Dr.K.G.Kandasamy
Dr.G.Sivakumar
Dr.Kirubakaran

Sports

Dr.Sivaraj
Dr.I.G.Nagaraj
Dr.Suresh

Dr.K.Mohanasundaram
President MWOS

Dr.G.Premnath
Organising Treasurer

Dr.Franklyn Kiruba
Organising Chairman

Dr.G.Myilvahanan
Secretary MWOS

Dr.R.T. Parthasarathy
Scientific Committee Chariman

K.Meenakshi Sundaram
Co - Chairman

Dr. C.Rajkumar
ECMember west zone1

Dr.C.S.Vishnuprasath
Scientific Committee Co-Chariman

Dr.J.Manimaran
Organising Secretary

Contact Persons

Mr.Murali Baskar : +91 95000 69366
Mr.Srinivasan : +91 74011 19410

Address for Correspondence

Kurinji Superspeciality Hospital, Salem- 636 016
Phone: 94432 44774
Email : tkscme2023yercaud@gmail.com
Website : www.midwestorthosociety.com

Collect more Memories with ...!

TNOA PROF.T.K.SHANMUGASUNDARAM

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Dr. Premnath - 98947 31617

Dr.Rajkumar - 98949 21706

Dr. Sivakumar - 96885 99999

Address for Correspondence

Dr.J.Manimaran

Kurinji Super Specialities Hospital Pvt Ltd.,

Dr.Teejay Salai, Salem - 636 016

Email : tkscme2023yercaud@gmail.com

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